

WEEK - 6 DAYS - WORKSHOP

IMPROVISATION in DANCE

26 - 31 March 2018

open for performers and dancers
and for everyone interested by movement and creativity

led by emmanuel GRIVET

Information : **cie emmanuel Grivet**

If you never attend a workshop from us, a phone call or an email exchange with emmanuel (+33 686 415 429 or <emmgrivet@free.fr>) is needed before your registration.

Place : **Studio 3, 5 impasse Baylac, 31 170 Tournefeuille (suburb of Toulouse), France,**

Fare : **280 € / 210 € (unemployed and students)**

Schedule : **10h – 13h and 14h – 17h, Saturday 9h – 14h**

Registration : **send name, firstname and datas (email and phone number) + 70 € deposit to cie E. Grivet – 5 impasse Max Baylac – 31170 Tournefeuille**

About accomodation informations, please contact us.

Orientations for the workshop

The workshop will be focused towards how to **open for everyone the quality of presence in the movement** and in shared improvisations. The practices will be :

- to awake **a subtle and multiple listening** of oneself (inner impulses and habits, usual patterns of movement), **a sensitive attention to the partners** (his/her body, movement, energy, imagination) as well as a **precise awarness of the dance environment** (sound, space dynamics, poetical atmosphere).
- to develop **the easiness in movement**, the qualities of fluidity and power for, so that every participant can enlarge his/her scale of body vocabulary and dynamics.
- to learn **reading** a dance situation and all the choices and involment possibilites it offers (join, support, invite, deal with... conterpoint, dialog, opposition...) ; and so use the d'improvisation tools and technics in order to **create and compose together in the moment**.



*More than the doing, let "the sensing" to guide the exploration,
more than the will, let the flow of emotions, the sensitivity and the intuition to lead the journey,
more than to fulfill space and time, play with emptiness ;*

and so let you be simultaneously **actor and watcher of the event,**
and **share the pleasure of personal and common creativity.**

emmanuel Grivet

Choreographer, dancer and teacher.



He first was student of Jean Masse, Jackie Taffanel, and the Trisha Brown company. Leading its own company since 1993, he created as a choreographer more than thirty pieces for his group and others.

Since 1998, he is developing a research about improvisation, dance-contact, open choreography and instantaneous dance compositions, which drove him to meet and dance with some figures of the stream (Mark Tompkins, Julyen Hamilton...) and to build its own original tools for creation of dance pieces and formation for dancers.

He is collaborating today with various artists – performers, dancers, musicians, visual artists – into many projects – creations, performances, workshops – within the field of improvisation and open composition, in his country and abroad (Europe, Mexico, Kenya, South Korea...). In the same time, he is running on an original choreographic route, dealing with the issues of body and movement on stage, and questioning the conditions of performance and audience relationship.

He has been part of the contact-improvisation movement during ten years (jams, workshops, festivals in France and abroad).